

Recap of history

Past is prologue



Books on Inspiration

- ❑ ãA Testament of Hopeö by James Washington
- ❑ ãThe Secretö by Rhonda Bynre
- ❑ ãTuesdays with Morrieö by Mitch Albom
- ❑ ãThe Real Blingö by Brian McClellan
- ❑ ãThe 7 Habits of Highly Effective Peopleö by Stephen Covey
- ❑ ãDays of Graceö by Arnold Rampersad
- ❑ ãDeveloping the Leader Within Youö
- ❑ You cannot plough a field by turning it over in your mind



Negative effects of past

- ❑ Hopelessness
- ❑ Shiftlessness
- ❑ Inferiority complex
- ❑ Malaise
- ❑ Distrust
- ❑ Crabs in barrel
- ❑ Self abuse
- ❑ Substance abuse



Negative effects (cont'd)

- ❑ Disrespectful
- ❑ Resentful
- ❑ Uneasiness
- ❑ Despair



Negative Health effects

- ❑ Depression
- ❑ Addictions
- ❑ Hypertension
- ❑ Diabetes
- ❑ Heart disease or cardiopathy - a variety of different diseases affecting the heart.



Negative Societal effects

- ❑ Crime
- ❑ Broken homes
- ❑ School drop-outs
- ❑ Homelessness
- ❑ Family abuse
- ❑ Gangs
- ❑ Homicides
- ❑ Incarceration
- ❑ Recidivism



Avoiding these pitfalls

- ❑ Starts with a realization that doing nothing will result in disaster
- ❑ Cannot do the same thing as always and expect a different result
- ❑ Impatience ó Rome was not built in a day
- ❑ Procrastination ó thief of time. Don't put off for tomorrow what can be done today
- ❑ Sense of urgency ó Either progressing or regressing
- ❑ ãSo often times we live our lives in chains. And we never even know we have the keyö



What to do thení .

- Educate, Educate, Educateí .
- òEducation is the most powerful weapon you can use to change the worldö Nelson Mandela
 - Crisis in poorer countries. Of 5 worst countries, 4 are in Africa
 - Chronic under-investment (Global Campaign for Education)
 - Studies and reports done by Education International, Plan International, Oxfam, Save the Children, VSO and others
 - Millenium Development Goals set
 - Britain's PM: òIf í budgets are not protected í generations will be condemned to poverty.ö



What to do (contød)

- Educate, Educate, Educate (contød)
 - Unicef: Spending \$1million helping children aged 5 and younger in the most disadvantaged areas would prevent 60% more deaths than the current approach
 - Health education ó
 - Technical training (Eg. CETA, JTPA)
 - 1903: òThe opposition to Negro education in the South was at first bitter, and showed itself in ashes, insult and blood; for the South believed an educated Negro to be a dangerous Negro.ö



What to do (contød)

- Educate, Educate, Educate (contød)
 - At both national and local levels
 - Academic at all levels, Eg. Osun
 - Also skills training, Eg. CETA, JTPA
 - Leading industry training,
 - Health education: Eg. HIV



More to be done

- ❑ Self respect, self esteem
- ❑ Be proud of culture, clothing, language, ceremonies
- ❑ Know your country's and community's assets and strengths
- ❑ Lift spirits of each other
- ❑ Invest in each other ó it takes a village
- ❑ Speak life to your children
- ❑ Start at early age



What to do (contød)

- Self help ó draw from within the society
 - Coops (small businesses, eg)
 - Community organizations (arts, sciences, tours, sports ó boys and girls clubs)
 - Political activism (step up and represent your area)
 - Grass roots involvement
 - Sponsorships from local businesses
 - Commitment from individuals and families (eg. school assistance)



What to do (contød)

- Do not follow, lead instead
- Entrepreneurship
 - Create your own success
 - Must be prepared: mental, fiscal, persistent, patient, long haul
 - Not for everyone
 - Study needs (J. Paul Getty)
 - Study competition
 - Study markets (eg farming in Guyana)
 - Flexible, innovative, open-minded
 - Fiscally conservative



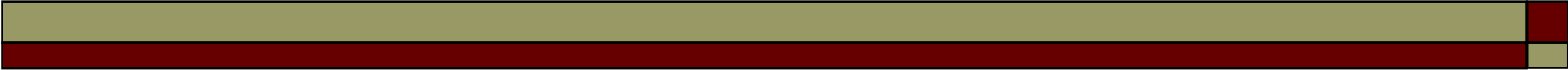
What to do (contød)

- Entrepreneurship (contød)
 - Global thinking (prepare to overcome language, distance, culture and other barriers)
 - Build relationships before you need them
 - Way of life (live it, breath it)
 - Partnerships are powerful (joint ventures, eg)
 - Affiliations lend support, systems, expertise (eg Acctg firms) Goal of an Intø Assn of Black Firms.



What to do (cont'd)

- Engage all segments of society ó old and new, suppressor and suppressed
 - Cannot have great success without the upper levels and more accomplished of society being in full support (also identified in 1903 by W. E. DuBois)
 - Cause of some failure among free Blacks, per WEB, was a combination of Whites who clung to the old way and Blacks who viewed freedom an a permanent rest!

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- ðKnowing is not enough; we must apply.
Willing is not enough, we must DOö Johann
Wolfgang von Goethe
 - ðWe are still masters of our fate. We are still
captains of our soulsö Winston Churchill

